

<b>GETTING STARTED with GPS &amp; DIGITAL MAPS</b>	
<b>Grid Refs ;Norths; Bearings Updating GPS software</b>	These are covered in our ' <b>Online Resource</b> '. If you had no time to check it out before today look it up later as all GPS machines use grid references & bearings. It is highly recommended you regularly update your GPS software.
<b>GPS machines</b>	There will be a Quick explanation of the types of GPS you can use/learn about on the course & if you haven't got your own GPS or wish to think about an upgrade choose from the models on offer
<b>Session 1</b>  <b>Buttons &amp; Pages in your GPS Getting to know the basic GPS terms</b>	After this first session you should be confident in recognising the different pages in your GPS and what each of the buttons or icons will do.  You will also learn how to mark & record your position outside known as a waypoint or point of interest [POI] & then how to make it unique by giving it a name.  As GPS machines are designed to navigate you safely from one place to another you will be shown how to mark, find and navigate to the various waypoints that you create outside
<b>Session 2</b>  <b>Set Up</b>	Back inside & during this session we imagine that you have just purchased a new GPS & it is first time out of the box  The <b>exercise</b> here will be to show you <b>how to change the essential settings</b> in your GPS so that it functions correctly in the UK
<b>Session 3</b>  <b>Entering a grid reference</b>	This is an essential to know –how to navigate from your current location to a new one by entering a grid reference into your GPS There will be an <b>exercise</b> -'Go Find' outside to get you up to speed with this essential
<b>Session 4</b>  <b>Routes &amp; Information the GPS provides</b>	During this session you will be shown how to add waypoints into your GPS from a digital map and then use these waypoints to <b>create and navigate routes</b> .  A <b>Very Useful Feature</b> on the mapping GPS is to know how to create a waypoint on the map page & use to navigate as a GoTo, add into a route or as an emergency escape/safety feature and you will be given the opportunity to practice this feature.  You will be shown how to <b>reverse or retrace one's steps</b> and the value of the trip computer -- how you can examine & change the information it shows, and also how you can reset it [ <i>'housekeeping'</i> ]
<b>Session 5</b>  <b>GPS models &amp; Mapping for your GPS &amp; your PC</b>	This session will help you to decide which GPS or digital mapping will be suitable for your needs It will help you choose the features that you believe are essential for your activities Remember that in the majority of GPS the only maps that will operate in the GPS are those of the GPS manufacturer. The majority of digital maps for the PC will work with all types of GPS
A GPS is an invaluable tool on the hills but remember <b>always</b> take a map & compass	
<b>Other courses Online resource &amp; Ongoing support from GPST</b>	Check out our web site for other courses - <a href="http://www.gpstraining.co.uk">www.gpstraining.co.uk</a>  The <b>online resource</b> is a valuable tool, regularly updated, to keep abreast of all the latest developments in GPS & Digital mapping. Refer to it after the course to help you remember & practice all you have learned today. Any further queries or assistance needed after today please email <a href="mailto:office@gpstraining.co.uk">office@gpstraining.co.uk</a>

**Course Notes**