

**To edit settings from the Main Menu select Setup and scroll through options**  
Those highlighted in **yellow** are essential settings the rest are personal choices

For the **GPSMap62** series you can set up the GPS for 6 different activities your first job is to select your Profile preference > for Hillwalking & General usage scroll to Profile and select **Recreational**

<b>Settings</b>		<b>Recommended</b>
<b>System</b>	<b>GPS</b>	<b>WAAS/EGNOS</b>
	Battery type	Alkaline, Lithium or rechargeable /NiMH – choose whichever is appropriate
	Language	English
	Battery Type	Must match the batteries your are using
	Interface	Garmin serial
<b>Display</b>	Backlight Timeout	Personal – but remember that longer light stays on this will affect battery level
	Battery Save	On
	Colours	Personal
	Main, Setup, Find Style	Default (6 Items)
	Screen Capture	Off
<b>Tones</b>	Tones	Personal
	Message beep	Personal
	Key beep	Personal
	Power beep	Personal
	Turn warnings	Personal
	Proximity Alarms Personal Setting	More generally used in Marine use; they are intended to give an audible warning of a hazard ahead – could be useful for visually impaired walkers
<b>Page Sequence</b>	The advice is to have as few pages as possible as all others can be accessed via the main menu	Satellite – Map – Compass - Trip computer [add page]
<b>Map [General]</b>	Orientation	Our recommendation for following a route is to have Track up—but North up is useful especially when navigating using the ‘tap & go’ method. Use Automotive mode if using in car
	Guidance Text	When Navigating
	Data Fields	Personal choose 0, 2 or 4 (remember the more data fields you select the less map you see)
	Add Dashboard to map page	Select Data Fields > Dashboard > select from one of 6 different items
	Add Compass Rose to map page	Select Data Fields > Dashboard > Compass
	Advanced Map Setup	See Below
<b>Advanced Map Setup</b>	Map Information	Displays maps you have installed in your GPS
	Auto Zoom	Off
	Zoom Levels	Auto
	Text Size	Small
	Detail	Normal
<b>Routing</b>	Shaded Relief	Show if Available
	Guidance method	Off road for direct routes On Road for Automotive Prompted to choose when setting GO
	Calculate Routes for	Personal
	Lock on road	No
	Off road transitions	Auto
Avoidance set up	Personal – if you are to use the mapping for in car navigation	

<b>Geocaches</b>	Geocache list	Choose show names or GC codes
	Found geocaches	Mark when found
	Filter Setup	Create your own filter
	Chirp Searching	Off unless chirp searching
	Programme Chirp	Allows you to programme your chirp
<b>Marine</b>	Marine Chart Mode	Personal
	Appearance	Personal
	Marine Alarm Setup	Personal
<b>Time</b>	Time Format	Personal : 24 Hour/12 Hour
	Time zone	Automatic
<b>Units</b>	Distance/speed	Personal Recommended Metric
	Elevation [vert speed]	Personal Recommended Metric
	Depth	Personal Recommended Metric
	Temperature	Personal
	Pressure	Personal
<b>Heading</b>	Display	Numeric Degrees
	North Reference	Magnetic
	Go To Line/Pointer	Personal –size of compass arrow but choose one of the bearing options Large or small
	Compass	Auto
	Calibrate Compass	Press & follow instructions
<b>Tracks</b>	Track Log	Record, Show on Map
	Record Method	Auto
	Recording Interval	Normal
	Auto Archive	When Full
	Colour	Personal (Red)
<b>Reset</b>	Reset Trip Data	Clears all trip data (timers, averages, distances)
	Delete All Waypoints	Deletes all waypoints
	Clear Current Track	Clears current track without saving
	Reset All Settings	Resets all settings back to factory default
<b>Position format</b>	Position Format	British Grid
	Map datum	Ordnance Survey GB
	Map Spheroid	Airy for British Grid but the GPS will select this automatically
<b>Altimeter</b>	Auto calibration	On
	Barometer Mode	Select variable or Fixed [usually variable]
	Pressure trending	Select save when power on or save always
	Plot type	Select from 4 settings
	Press to begin Altimeter calibration	You need to know correct elevation or pressure
<b>Fitness</b>	Heart Rate Monitor	Off - Set to On if HRM is connected
	Bike Cadence Sensor	Off - Set to On if BCS are connected
<b>Profiles</b>	On Dakotas & Oregon	Allows you to have differing setups and or settings for different activities & choose which one you wish to use
<b>About</b>		Displays the current Software version and the Unit ID