



Recommended Setting for New Montana 610 / 680 series

To edit settings from the Main Menu select Setup and scroll through options
Those highlighted in **yellow** are essential settings the rest are personal choices

| Settings | Recommended |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| System | Satellite Satellite System – GPS + GLONASS WAAS/EGNOS - ON |
| | Text Language English (Personal Choice) |
| | Voice Language Personal Choice choose from British English Emily British English James British English Kate |
| | Interface Garmin serial |
| | Configure Power Key Customise single/double tap power key options |
| | AA Battery type Alkaline, Lithium, NiMH or rechargeable NiMH This setting is disabled when the NiMH battery Pack is installed – otherwise choose whichever is appropriate |
| Display | Backlight Timeout Personal – but remember that longer light stays on this will affect battery level |
| | Orientation Lock Personal Choice choose from Auto Lock Portrait Lock Landscape |
| | Screen Capture Off |
| | Battery Save On – Saves battery power by turning off the screen when backlight times out |
| | Calibrate Screen Only do this when required |
| Appearance | Mode Auto |
| | Background Personal |
| | Day Highlight Colour Personal |
| | Night Highlight Colour Personal |
| | Landscape Controls Personal |
| Tones | Tones On or Off Personal |
| | Tones Output Select Internal Only to use Unit Beeper |
| | Message Beep Personal |
| | Turn Warnings Personal |
| | Proximity Alarms More generally used in Marine use; they are intended to give an audible warning of a hazard ahead – could be useful for visually impaired walkers |
| Map [General] | Orientation Our recommendation for following a route is to have Track up—but North up is useful especially when navigating using the 'tap & go' method. Use Automotive mode if using in car |
| | Guidance Text When Navigating |
| | Dashboard Compass |
| | Map Information Enable Maps you wish to view |
| | Enable/Disable Maps To View some maps saved to internal memory you may have to disable maps held on SD card |
| Map Speed Normal | |

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|--------------------------------|---------------------------|-----------------------------------------------------------------------------------------------------|
| Advanced Map Setup | Auto Zoom | Off |
| | Detail | Normal |
| | Shaded Relief | Auto you could choose to show if available |
| | Vehicle | Default |
| | Zoom Levels | Auto |
| | Text Size | Small |
| Tracks | Record Method | Auto |
| | Interval | Normal |
| | Auto Pause | Off |
| | Auto Start | On |
| | Output Format | Tracks (GPX) if not using any fitness devices, if using cadence monitors etc. select Both (GPX/FIT) |
| Tracks (Advanced Setup) | Auto Archive | When Full |
| | Trip Recording | When Tracking |
| | Recorded Data Reset | Track and Trip |
| Routing | Activity | Direct Routing for Off Road or Walking Automobile Driving for turn by turn routing |
| | Route Transitions | Auto |
| | Lock on Road | No |
| Reset | Reset Trip Data | Clears all trip data (timers, averages, distances) |
| | Delete All Waypoints | Deletes all waypoints |
| | Clear Current Track | Clears current track without saving |
| | Clear Track and Trip Data | Resets both track & trip data without saving |
| | Reset All Settings | Resets all settings back to factory default |
| Units | Distance/speed | Personal Recommended Metric |
| | Elevation | Personal Recommended Metric |
| | Depth | Personal Recommended Metric |
| | Temperature | Personal |
| | Pressure | Personal |
| | Vertical Speed | Personal Recommended Metric |
| Time | Time Format | Personal : 24 Hour/12 Hour |
| | Time zone | Automatic |
| Position format | Position Format | British Grid |
| | Map datum | Ordnance Survey GB |
| | Map Spheroid | Airy for British Grid but the GPS will select this automatically |
| Heading | Display | Numeric Degrees |
| | North Reference | Magnetic |
| | GoTo Line/Pointer | Personal – choose size of compass arrow but choose one of the bearing options Large or Small |
| | Compass | Auto |
| | Calibrate Compass | Press & follow instructions |
| Altimeter | Auto Calibration | On |
| | Barometer Mode | Select variable or Fixed [usually variable] |
| | Pressure Trending | Select save when power on or save always |
| | Plot Type | Personal – select from 4 settings |
| | Calibrate Altimeter | Press & follow instructions - You need to know correct elevation or pressure |
| Camera (680 only) | Photo Resolution | Personal – Select between 2 MP, 5 MP & 8 MP |
| | Save Photos to | Internal Storage recommended |
| | Camera Instructions | Help instructions for Camera |
| Geocaching | Geocache list | Choose show names or GC codes |
| | Geocache Style | Auto / OpenCaching.com/ Traditional |
| | Found geocaches | Mark when found |
| | Chirp Searching | Off unless chirp searching |
| | Programme Chirp | Allows you to programme your chirp |
| | Filter Setup | Create your own filter |
| Marine | Marine Chart Mode | Personal |
| | Appearance | Personal |
| | Marine Alarm Setup | Personal |

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|-------------------|--------------------------|--------------------------------------------------------------------------------------------------------------|
| Ant Sensor | Heart Rate Monitor | Off - Set to On if HRM is connected |
| | Bike Cadence Sensor | Off - Set to On if BCS are connected |
| | Tempe Sensor | Off - Set to On if Tempe is connected |
| Fitness | Auto Lap | Personal |
| | User | Personal |
| | HR Zones | Personal |
| | FIT Activity | Personal |
| Profiles | Recreational | Lists all default profiles already setup within the GPS, you can also create your own to suit your activity. |
| | Geocaching | |
| | Automotive | |
| | Marine | |
| | Fitness | |
| | Camera | |
| | Classic | |
| | Motorcycle | |
| Shortcuts | Create shortcut | Personal |
| Main Menu | Select an item to change | Personal – customise main menu for any of your profiles |
| About | | Displays the current Software version & the Unit ID |